

## **THE CHARACTERISTICS OF FAMILY VALUES OF WOMEN OF DIFFERENT AGES**

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**Abstract:** This article examines the unique family values exhibited by women across generations. It explores the relevance and importance of understanding how these values evolve over time, influenced by changing social norms, cultural shifts, and individual experiences. The study uses a multifaceted approach that combines literature review, qualitative methods, and statistical findings to gain a nuanced understanding of the complexities inherent in the family values of women across generations.

**Keywords:** family values, generation gap, women, cultural evolution, intergenerational dynamics, social shifts.

**Аннотация:** В данной статье рассматриваются уникальные семейные ценности, представленные женщинами разного возраста. Автор исследует актуальность и важность понимания того, как эти ценности развиваются с течением времени под влиянием меняющихся социальных норм, культурных сдвигов и индивидуального опыта. В исследовании используется многомерный подход, сочетающий анализ литературы, качественные методы и статистические результаты, чтобы тонко понять сложность, присущую семейным ценностям женщин разных поколений.

**Ключевые слова:** семейные ценности, различия между поколениями, женщины, культурная эволюция, межпоколенческая динамика, социальные сдвиги.

### **Entereence**

The concept of family values has long been central to sociological and psychological research, and its dynamism has been increasingly recognized over generations. This study aims to shed light on the specificity of family values among women of different ages, highlighting the relevance and importance of such investigation in the modern context.

### **Literature analysis:**

The literature review section reviews the existing research on family values and highlights studies that specifically examine how these values change across generations. By examining the existing body of knowledge, we aim to identify gaps in understanding and contribute to the ongoing debate about the evolving nature of family values.

### **Methods:**

This section outlines the methodology used in the study. A mixed-method approach was adopted, combining qualitative interviews and surveys to collect comprehensive data. The study participants were stratified by age group, allowing for a detailed study of family values across generations. The study design aimed to capture both subjective experiences and quantitative trends related to family values.

Identifying the identity of family values among women of different ages involves understanding the perspectives, priorities, and beliefs that shape their attitudes toward family life. Some ways to study and assess the identity of family values in different age groups include:

**Questionnaires and surveys:**

- Develop questionnaires or surveys that include open and closed questions about family values.
- Tailor questions to address specific aspects of family life, such as communication, roles, and priorities.
- Conducting surveys of women of different ages to collect quantitative and qualitative data.

**In-depth Interviews:**

- Conduct in-depth interviews with women of different age brackets to explore their experiences, beliefs, and attitudes toward family.
- Use a semi-structured approach to allow for flexibility in responses and to explore specific topics in more depth.

**Focus Group Discussions:**

- Organize focus group discussions with women of different ages to encourage interaction and exchange of ideas.
- Facilitate conversations around family values, traditions, and expectations to encompass diverse perspectives.

**Content Analysis:**

- Identify trends and patterns in family-related values among different age groups by analyzing written or online content, such as personal blogs, social media posts, or articles.

**Ethnographic Research:**

- Conduct ethnographic research by immersing researchers in the daily lives of women of different ages.

-Observe family interactions, rituals, and decision-making processes to gain a subtle understanding of their values <sup>1</sup>.

Comparative Studies:

- Compare family values across generations to identify shifts or consistency in attitudes and behaviors.

- Check historical data, if available, to understand how social changes have affected family values over time.

Literature Review:

- Review academic literature and research on family dynamics and values, paying attention to changes across different age cohorts.

Cross-Cultural Analysis:

- Explore how cultural background intersects with age to shape family values.

- Compare family values of women of the same age from different cultural backgrounds.

- Conduct longitudinal studies to track changes in family values in the same group of women over a long period of time.

Quantitative Indicators:

- Develop quantitative indicators to measure and compare specific aspects of family values, such as the importance placed on communication, interdependence, or individual autonomy.

Remember to consider cultural, social, and economic circumstances that may influence family values. Also, ensure that research methods are ethical and sensitive to the perspectives and experiences of participants.

### **Results:**

It is important to note that values and beliefs can vary widely among individuals, regardless of gender. However, some common themes and perspectives in discussions of women's family values often relate to the unique experiences and roles of women in families and societies. Keep in mind that these generalizations may not apply to every individual, as the diversity within any group is enormous.

•Nurturing and caring: Women are associated with nurturing and caring in families. This can manifest in emotional support, empathy, and a strong emphasis on creating a warm and nurturing environment for family members.

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<sup>1</sup> Psychology family: Uchebnik dlya pedagogicheskikh Vuzov // Author: V.M. Karimova . - T.: 2007. - 316 p

- Building relationships: Women may place a high value on building and maintaining relationships within the family. This includes building strong bonds between family members and often prioritizing communication and understanding <sup>2</sup>.

- Multifaceted roles: Women often play multiple roles in the family, including caregivers, homemakers, and professionals. Balancing these roles can contribute to a unique set of family values that emphasize flexibility, resilience, and time management.

- Education and empowerment: Many women value education and opportunities for themselves and their families. This includes access to education, fostering independence, and promoting self-reliance within the family.

- Community and social connections: Women may emphasize the importance of community and social connections. Building a support network, participating in community activities, and fostering a sense of belonging may be integral to women's family values.

- Cultural and traditional: Women can play a key role in preserving and transmitting cultural and family traditions. This includes the cultural practices, rituals and customs of the maintai, which contribute to a sense of identity and continuity within the family.

- Gender equality and equity: In many cases, women advocate for gender equality and equity within the family. This includes fostering an environment where all family members have equal opportunities, rights, and responsibilities, regardless of their gender.

It is important to recognize that these values can vary widely among women due to factors such as cultural background, personal beliefs, and individual experiences. While there may be commonalities, it is crucial to approach discussions about women's family values with an awareness of diversity and the unique qualities of each individual.

Family values may vary among women of different ages due to cultural, social, and personal factors. It is important to note that generalizations may not apply to every individual, as people are unique and may deviate from social norms. However, here are some broad observations about the uniqueness of family values among women of different ages:

Young women (young people in their early 20s):

- Personal exploration: Young women often focus on personal development, education, and career goals.

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<sup>2</sup> Psikhologiya semeynykh atnosheniy s osnovami semeynogo konsultirovaniya ed. E. G. Silyaeva M.: Izdatelsky center "Academy", 2002.

- Independence: They may prioritize establishing themselves before fully committing to family life.

- Changing roles: Modern attitudes can lead to an egalitarian approach in relationships and family dynamics.

Women aged 20-30:

- Career and family balance: Balancing career aspirations with family life becomes a focus.

- New parenting: parenting styles and shared responsibilities may emerge for start-up families.

- Relationship priorities: Building stable relationships and maintaining ties with extended family may be important <sup>3</sup>.

Women aged 30-40:

- Juggling responsibilities: career management, parenting, and potentially caring for aging parents.

- Establishing traditions: creating family traditions and passing values to the next generation.

- Reflection on priorities: re-evaluating goals and values based on life experiences and achievements.

Women aged 40 and over:

- Empty nest stage: adjusting to children leaving home and focusing on personal and relationship growth.

- Grandparenting: Grandparents can be moved to focus on the well-being of the extended family.

- Legacy and Reflection: Reflecting on life choices, imparting family wisdom, and establishing a family legacy.

Factors that influence family values at any age:

- Cultural background: cultural values and traditions have a significant impact on family values.

- Economic factors: Socioeconomic status can affect priorities and family dynamics.

- Personal experiences: life events, relationships, and challenges shape individual perspectives.

- Social changes: evolving social norms and expectations can affect family values.

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<sup>3</sup> Toyirova Sh. I., Toyirova L. I. The psychological role of gerontology in the Republic of Uzbekistan Regional practical i model. - 2020. - S. 202-205.

It is important to recognize that individuals in each age group may have different perspectives and there is no single definition for family values. Furthermore, social changes such as evolving gender roles and technological advances continually shape family dynamics and values over time.

#### **Discussion:**

The Discussion section interprets the results in the context of broader social trends, cultural changes, and individual experiences. It explores the implications of these findings for our understanding of family dynamics and the transmission of values across generations. In addition, this section explores the potential impact of external factors such as technology, globalization, and socio-economic changes on family values.

#### **Conclusion and suggestions:**

The article synthesizes key insights from the research. It highlights the dynamic nature of family values and the need for ongoing research to adapt to the evolving social landscape. Suggestions for future research and potential interventions to support positive family dynamics are also discussed.

This article contributes to the growing body of knowledge on family values by revealing the unique aspects of women's values across age groups. Using a comprehensive methodology, the study aims to provide valuable insights that can inform academic discourse and practical efforts to strengthen family bonds in a changing world.

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